



MULTI-SERVICE SENIOR CENTER  
40086 PASEO PADRE PARKWAY  
FREMONT, CA 94538

OFFICE # 790-6600

TICKET INFORMATION # 790-6610

\*Vegetarian Option Available



## DINNER OCTOBER 2002

MEALS ARE COOKED ON SITE



TICKETS: DINNER: 5:00PM  
\$4.00 SENIORS  
\$5.00 "youngsters"

TICKETS SOLD:  
FIRST-COME, FIRST-SERVED  
NO REFUNDS, NO EXCHANGES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Sole Wrapped In Lettuce, Cream Sauce Rice Pilaf, Vegetable Salad, Roll, Dessert		3 Roasted New York Steak, Sauce Bordelaise, Roasted Potatoes, Vegetable Salad, Roll, Dessert	
	8 Roasted Duckling With Plum Sauce, Parsley Potatoes, Vegetable Roll, Dessert		10 Baked Salmon Béarnaise Sauce, Rice Pilaf, Vegetable Salad, Roll, Dessert	
	15 Roasted Leg Of Lamb Mint Sauce, Roasted Potatoes, Vegetable Salad, Roll, Dessert		17 Sweet & Sour Pork Medallions, Stir Fried Rice, Vegetable Salad, Roll, Dessert	
	22 Baked Snapper With Italian Crumbs & Tomatoes, Vegetable Roll, Dessert		24 Black Pepper Corn Steak, Sherry Cream Sauce, Vegetable Roll, Dessert	
	29 Chicken Breast Supreme, Wild Rice Pilaf, Vegetable, Salad Roll, Dessert		31 Oven Roasted Tri-tip Macaroni & Cheese Vegetable, Salad Roll, Dessert	

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOODS. Please Note: If you take food home with you from the meal site, it is done at your own risk. Be sure to eat food or refrigerate it within 30 minutes of leaving the site. Reheat in a 350 degree oven until bubbly for 5 minutes. Discard any food left after 3 days.